

Disability Awareness & Sport Tourism:

Disability Awareness — Laying the Groundwork

Disability Awareness Laying the Groundwork

Introduction:

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Defining Disability

World Health Organization – Disability

- Umbrella term covering impairments, activity limitations, and participant restrictions
 - **1. Impairment** = Concerns body structure or function
 - Spinal cord injury
 - Blindness
 - Autism
 - 2. Activity limitation = difficulty encountered by an individual in executing a task or action
 - Walking
 - Seeing
 - Processing information
 - **3.** Participation Restriction = "problem" experienced by an individual and their involvement in life situations
 - Climbing a ladder
 - Reading a written book
 - Comprehending detailed directions
 - GOAL: MINIMIZE RESTRICTION TO ALLOW FOR INVOLVEMENT IN LIFE, COMMUNITY

Medical vs Social Model of Disability

Medical Model

- Disabled because of medical condition, impairment, or difference in need of treatment
- Disabled need "fixing" what is "wrong" with the individual
- Disability is a medical problem
- Creates low expectations, decreased independence, choice and control
- Does not involve one's personal experience of disability

Medical vs Social Model of Disability

Social Model

- Disabled because of societal barriers
 - Physical
 - Social/Attitudinal
 - Institutional
 - Communication
- The more society is accessible with less barriers, disability IS no longer the "issue" equal playing field
- Disability is neither good or bad, it's just part of our personal experience
- Removing barriers creates equality, offering disabled more access, independence, choice and control – Creating opportunities to PARTICIPATE IN LIFE

Defining Disability

Medical vs Social Model of Disability

Social Model

"We are more disabled by the society in which we live than by our bodies or diagnoses"

Stella Young, Australian Disability Advocate, Comedian

Diversity of Disability

Disability is different and unique for everyone (social model of disability – personal experience)

- 61 million Americans have a disability
- Disability encompasses 15-20% of the population
 - Physical disabilities
 - Invisible disabilities (TBI, epilepsy, diabetes)
 - Anxiety disorders, depression,
 - Sensory disabilities
 - Intellectual disabilities
 - Longhaul COVID disability numbers are increasing

Diversity of Disability

- Disability touches and intersects with:
 - Every community
 - Every race and ethnicity
 - Every religion
 - All genders
 - All ages
 - All sexual identities
- Disability doesn't discriminate
- Disability is the minority group that anyone can become a part of at any time in life

Diversity of Disability

Disability is different and unique for everyone (social model of disability – personal experience)

- Disability Onset
 - Since birth, congential (17%)
 - Acquired later in life (83%)
- Type of Disability
 - Spinal Cord Injury
 - Congenital (dwarfism, spina bifida)
 - Traumatic Brain Injury
 - Amputee/limb loss (congenital or acquired)
 - Vision Impairment (congenital or acquired)
 - Autism/Asperger's (Sensory)
- Injury or Illness
 - Car/bike accident
 - Combat injury
 - Cancer, MS

